



Eating Disorders Action Group

a community based, charitable organization dedicated to promoting healthy body image and self-esteem and to supporting individuals who experience disordered eating

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Board of Directors Roles and Responsibilities

What is a board? A board is the governing body of an organization. They support the philosophy of the organization, decide on the policies of the organization and ensure that they are carried out.

The Board:

- is responsible for the actions of the organization
- oversees the financial operations of the organization
- oversees the operations of the organization, including hiring, firing and supervising staff
- ensures that the mission and philosophy of the organization are maintained

All Board members:

- understand and fully support the mission and philosophy of the organization
- are committed to participating
- are part of a sub-committee
- will share skills, leadership and responsibility within the group according to ability and willingness, and will work to nurture these abilities in each of us so that we share them as equally as possible
- will address conflicts, feelings and issues between us openly as soon as they reach our awareness with the understanding that early awareness may not be perfect but deserves expression
- are committed to the goals of the organization
- are committed to respecting others, communicating effectively and honestly

